



Mental Health First Aid USA



An 8-hour certification course to help communities better understand mental illness and respond to psychiatric emergencies.

Youth Mental Health First Aid 8-hour Course

www.MentalHealthFirstAid.org

Someone you know could be experiencing a mental illness or crisis. You can help them. You are more likely to encounter someone — friend, family member, coworker, neighbor, or member of the community — in an emotional or mental crisis than someone having a heart attack. Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self help care. Anyone age 18 or older can take the 8-hour Youth Mental Health First Aid course — first responders, students, teachers, leaders of faith communities, human resources professionals, and caring citizens.

**Thursday, December 18, 2014 Registration 7:30 am. Course starts 8:00 am-5:30 pm.
The course will cost \$25. Partial scholarships may be available.**

Course is held at:

Community Mental Health Center of Crawford County, Glass Pavilion
3101 N. Michigan
Pittsburg, Ks 66762

Questions? Call 620-231-5130 Amy Glines

To register, please email the information below to aglines@cmhccc.org and send payment to the address below. If you do not have access to email, mail this completed form and payment to:

CMHCCC
attn: Amy Glines
911 E. Centennial
Pittsburg, Ks 66762

Thursday, December 18, 2014

Name _____

Phone number, if any _____

E-mail address, if any _____

Occupation and employer name, if any _____

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)
